

## References

1. Arafah, BM (2001) Increased need for thyroxine in women with hypothyroidism during estrogen therapy. *N Engl J Med.* 344(23):1743-9.
2. Acharya, N (2011) Gonadotropin levels in hypothyroid women of reproductive age group. *J Obstet Gynaecol India.* 61(5):550-3.
3. Sharma, Y et al (2006) Ovarian cysts in young girls with hypothyroidism: follow-up and effect of treatment. *J Pediatr Endocrinol Metab.*19(7):895-900.
4. Stagnaro-Green, A. et al (2011) Guidelines of the American Thyroid Association for the Diagnosis and Management of Thyroid Disease During Pregnancy and Postpartum. *Thyroid.* 21(10):1081-1125.
5. Mansourian AR (2013) Female reproduction physiology adversely manipulated by thyroid disorders: a review of literature. *Pak J Biol Sci.* 6(3):112-20.
6. Galofre, JC and TF Davies (2009) Autoimmune thyroid disease in pregnancy: A review. *Journal of Women's Health.* 18(11):1847-56.
7. Thangaratinam S, et al (2009) Association between thyroid autoantibodies and miscarriage and preterm birth: meta-analysis of evidence. *BMJ.* 342:d2616.
8. Parsons, V. and I. Ramsey(1968) Thyroid and adrenal relationships. *Postgrad Med J.* 44:377-84.
9. Abdullatif, HD and AP Ashraf (2006) Reversible subclinical hypothyroidism in the presence of adrenal insufficiency. *Endocr Pract.* 12(5): 572.
10. Legakis, I, et al (2001) Elevated prolactin to cortisol ratio and polyclonal autoimmune activation in Hashimoto's thyroiditis. *Horm Metab Res.* 33(10):585-9.
11. Duntas, L. and D. Micic (2012) Adiposopathy and thyroid disease: tracing the pathway to cardiovascular risk. *Expert Rev Cardiovasc Ther.* 10(6):797-803.
12. Duntas, L (2009) Does celiac disease trigger autoimmune thyroiditis? *Nat Rev Endocrin.* 5(4):190-1.
13. Jabbar A, Yawar A, Waseem S, Islam N, Ul Haque N, Zuberi L, Khan A, Akhter J. *J Pak Med Assoc.* 2008 May;58(5):258-61. Vitamin B12 deficiency common in primary hypothyroidism. <http://www.ncbi.nlm.nih.gov/pubmed/18655403>
14. Shomon, Mary J. (2006) *The Thyroid Hormone Breakthrough.* HarperCollins.